Visionboard 2023 / 2024 Last Update: 01/2024



YOUR CODE FOR 20% DISCOUNT!

USE CODE: VISION2024



Plan your Year & Reach Your Goals

VISIONBOARD Intro about our visionboard

Embark on a journey of self-discovery and goal setting with our vision board exercise. A vision board is a powerful tool that can capture your your dreams and aspirations visually or in text. It's a creative process where you'll select images and words that resonate with your personal goals, creating a visual representation of your future success.

Through this writing exercise, integrated into a PDF format, you'll gain clarity on your ambitions and desires. The vision board serves as a daily reminder, keeping you motivated and focused. It's not just about dreaming; it's about taking proactive steps toward making those dreams a reality.

Here are the benefits of this transformative exercise:

Goal Clarity: Solidify your aspirations, gaining a clear perspective on what you truly wish to achieve.

Daily Motivation: Keep your goals in sight, constantly reminding you to stay aligned with your objectives.

Boost in Confidence: Visualizing your success can significantly enhance your belief in your abilities and determination.

Inspired Action: Regular exposure to your vision board encourages proactive steps toward your goals, transforming aspirations into tangible achievements.

Embrace the power of a vision board to navigate your path toward realizing your dreams and ambitions.

GOING THROUGH YOUR CALENDAR

We soo	Take a retrospective journey through your previous year by examining your calendar. Week by week, identify and note down significant events such as family gatherings, social outings with friends, or major projects. This reflection helps you capture the essence of your year, highlighting important moments and achievement.					

THIS WAS MY LAST YEAR

Our lives are composed of various, interconnected aspects. Consider the following areas and think about the notable events that occurred within each one. Write down your answers.

Personal Life, Family	Career, Studies
Hobbies, Creativity, Free-time	Friends, Community
Mental Health, Self-Knowledge	Physical Health, Sport
Habits that define you	Global Commitment*

^{*}What have you done this year to make the world a bit better than you found it before?

SIX SENTENCES ABOUT LAST YEAR

The biggest risk I took 👇
The biggest lesson I learned
The biggest surprise
The wisest decision I made
The most important thing I did for others
The biggest thing I completed

SIX QUESTIONS ABOUT LAST YEAR

What is the best thing you have discovered about yourself?
What were you not able to reach?
Who are the three people you influenced the most?
While are the times people year immuonessa the most
Who are the three people who influenced you the most?
Who are the three people who influenced you the most?
Who are the three people who influenced you the most?
Who are the three people who influenced you the most?
Who are the three people who influenced you the most? What are you the most proud of?

YOUR BEST MOMENTS

eflect on the most unforgettable, happy moments from the previous year. Illustrate them on this sheet. How did these experiences make you feel? Who was present with you? What activities were you participating in? Can you recall any specific smells, sounds, or flavors that stand out in your memory?				

YOUR 3 BIGGEST ARCHIEVEMENTS

Write down the three most significant achievements 🥎
How did you archieve them?
Did somebody help you to archieve these successes? Who? How?

YOUR 3 BIGGEST CHALLENGES

Write down the three biggest challenges 🥎
Who or what helped you overcome them?
What have you learned about yourself while overcoming them?

FORGIVENESS

Is there anything from the past year that you are still holding onto and need to forgive? This could be actions or words from others that hurt you, or things you feel angry with yourself for. Make a note of it here. Remember to be kind to yourself and practice forgiveness.				

LET GO!

Do you have anything else that you need to express? Is there anything that you need to release in order to move forward into the coming year? Write or draw it down, then take some time to think about it and then let it go.				

SAY GOODBYE

Select the	ree words that bes	st describe yo	our past yea	r. 🦴		
What title	would your past y	ear have if it v	vould be a b	ook or movie	? <mark>•</mark>	
(The title	Trouse your past y					
	anything else that	you wish to v	vrite down, o	or if there is a	nyone you	
would like	to bid farewell to	take this opp	ortunity to d	o so now.		
would like	e to bid farewell to,	take this opp	ortunity to d	o so now. 🦣		
would like	e to bid farewell to,	take this opp	ortunity to d	o so now. 👇		
would like	e to bid farewell to,	take this opp	ortunity to d	o so now. 👇		
would like	e to bid farewell to,	take this opp	ortunity to d	o so now. 👇		
would like	to bid farewell to,	take this opp	ortunity to d	o so now. 👇		

Congratulations on completing the review of the past year!

It is important to take a moment to acknowledge all that you have accomplished and experienced. Take a deep breath and give yourself a moment to rest before moving forward.

It is natural to feel a mix of emotions as you reflect on the past, but try to let go of any negative feelings and embrace a positive attitude as you begin this new chapter.

You have the strength and resilience to tackle whatever the future holds, and it is important to approach it with a clear and rested mind. So take a moment to relax and recharge before diving into the tasks ahead.

2024 LET'S START!

ALLOW YOURSELF TO DREAM BIG

believe it will be a great year? Let go of any expectations and allow yourself to dreat big. You can write or draw about your hopes and aspirations for the coming year.					

YOUR FOCUS FOR THIS YEAR

Examine the different areas of your life and determine your goals for the next year. Write down these goals as the first step in making them a reality.

Personal Life, Family	Career, Studies
Hobbies, Creativity, Free-time	Friends, Community
Mental Health, Self-Knowledge	Physical Health, Sport
Habits that define you	Global Commitment*

^{*}What will you do this year to make the world a bit better than you found it before?

LET THE MAGIC TRIPLETS HAPPEN

Write three things you will love about yourself.
Write three things you are ready to let go.
Write timee things you are ready to let go.
Write three things you want to archieve the most.
Write three people you will rely on during difficult times.
()
Write three things you'll take the risk to explore/discover.
Write three things where you'll have the power to say no to.

LET THE MAGIC TRIPLETS HAPPEN

Write three things you will make your surroundings cozy with.
Write three things you will do every morning.
Write three things you will pamper yourself with regularly.
Write three places you will visit.
Write three ways you will connect with your loved ones.
Write three gifts you will reward yourself with for your successes.

SIX SENTENCES ABOUT THIS YEAR

This year you will not procrastinate any more on
This year, you will derive the most energy and motivation from
This year, you will be the bravest when
This year you will say yes when
This year you will advise yourself to •
This year will be special for you because

LET'S GET THINGS DONE!

Choose a word that represents and defines this year for you. Keep this word in mind a
a source of inspiration and motivation, and remember not to let go of your dreams.
Now is the time to let your secret wish come to the surface. Allow your imagination to run wild and think about what your secret wish is for this year.

Congratulations - you've just planned your year!

As you continue to work on your vision board, we encourage you to incorporate photos that represent your wishes, dreams, and goals that you will achieve. These images can be found in newspapers, magazines, or online and can be cut out or printed and added to the board.

Using pictures in your vision board can be a powerful tool in helping you to connect with your aspirations on a deeper level. When you see a visual representation of what you will achieve, it can be more motivating and inspiring. It can also serve as a constant reminder of what you are working towards.

In addition, adding photos to your vision board can make it more personal and meaningful to you. It allows you to infuse your own unique style and personality into the board and make it a true reflection of your aspirations.

PHOTOS - PICTURES

Paste your photos, pictures, ideas, wishes on this pages.

PHOTOS - PICTURES

Paste your photos, pictures, ideas, wishes on this pages.



Why Paint-by-Numbers Kits

are a Must-Have

Discover the joy and mental wellness that Paint-by-Numbers (PBN) kits bring into your life. As a special offer, purchasing this ebook grants you a **20% discount** on your next PBN kit.

In times like quarantine, when outdoor activities are limited, PBN kits become a perfect at-home leisure activity, promoting health and safety.

The Joy of Painting at Home

Feeling cooped up at home? Let the enchanting world of painting open new doors for you. Painting is not just a hobby; it's a versatile art form that adapts to any medium – be it traditional canvases, quaint coffee art, or even digital platforms.

It's not just about creating art; it's about expressing yourself, unwinding, and discovering inner peace. Plus, it's incredibly accessible; whether you're a beginner or an experienced artist, painting offers endless opportunities for creativity and relaxation.

So, take your time, pick up a brush, and let your artistic journey unfold at your own pace. Painting fits perfectly into any lifestyle, offering a tranquil escape whenever you need it.

Getting Started with Painting

For those new to the world of painting, Paint-by-Numbers (PBN) kits are an ideal starting point. These kits, perfect for beginners, come with detailed step-by-step instructions to guide you through the artistic process, ensuring a rewarding and satisfying experience. Additionally, customized kits take this experience a step further by allowing you to transform personal photos into beautiful paintings.

It's an opportunity to bring your cherished memories to life in a new, artistic form. When selecting a photo for a customized kit, it's important to consider factors like saturation and background contrast to ensure the best possible outcome for your artwork. These PBN kits not only provide an easy entry into painting but also offer a personalized touch to your art projects.

Why Choose Customized Kits?

Custom Paint-by-Numbers kits elevate your art to a personal level, transforming them into more than just paintings – they become cherished memories and expressions of love. Ideal as thoughtful gifts, these kits allow you to immortalize special life moments or beloved pets in a unique artistic form.

Each stroke brings a personal story to life, making these customized kits not just creative projects, but also meaningful keepsakes. By choosing a custom kit, you're not just creating art; you're capturing moments, crafting personal heirlooms, and experiencing the joy of seeing a familiar image emerge through your own artistic touch.

Don't miss the opportunity to avail special discounts, making these kits a valuable addition to your art collection or a heartwarming gift for someone special.

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